



# UNIVERSITY *of* MARYLAND SCHOOL OF MEDICINE

## ***CLINICAL GUIDANCE FOR TREATING PREGNANT AND PARENTING WOMEN WITH OPIOID USE DISORDER AND THEIR INFANTS***

**May 10, 2024  
Virtual Meeting**

### **CME Sponsorship**

This educational activity is sponsored by the University of Maryland School of Medicine.

### **Activity Directors**

Kay Connors, LCSW-C

Instructor

Department of Psychiatry

University of Maryland School of Medicine

Sarah Edwards, DO

Assistant Professor

Department of Psychiatry

### **Continuing Medical Education and Continuing Education Credits Director**

Sylvia McCree-Huntley, EdD

Director, Professional Development and Continuing Education

Department of Psychiatry

University of Maryland School of Medicine

### **Target Audience**

The target audience for this educational activity includes obstetrics and gynecologists, nurse practitioners, physician assistants, nurses, residents, fellows, medical students, administrators and other healthcare professionals.

### **Learning Objectives**

At the conclusion of this activity, participants should be able to:

- Describe the current epidemiology of opioid use among pregnant and parenting women.
- Use appropriate strategies to obtain patients' informed consent and ensure shared decision making between the pregnant woman or new mother and the healthcare provider.
- Recognize risk factors for potential misuse, abuse, and diversion of prescribed opioid medications among pregnant women.
- Use state Prescription Drug Monitoring Programs (PDMP) data to obtain a history of the prescriptions for reportable controlled substances dispensed to the patient.
- Educate and counsel pregnant patients with OUD about different treatment options and the potential social, medical and legal consequences of each form of therapy and of opioid use during pregnancy.
- Select appropriate pharmacotherapy for initiating medication-assisted treatment (MAT) in pregnant women with OUD and adjust pharmacology in response to the physiological changes of pregnancy.
- Choose appropriate techniques to screen for and treat neonatal abstinence syndrome (NAS) and neonatal opioid withdrawal (NOW).

- Prepare and execute discharge plans for mothers and infants.
- Coordinate care among healthcare professionals to address the comprehensive needs of the patient and infant.

## **Accreditation and Credit Designation**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Maryland School of Medicine and the Substance Abuse and Mental Health Services Administration (SAMHSA). The University of Maryland School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Maryland School of Medicine is accredited by the ACCME to provide continuing medical education for physicians for a maximum of 7.00 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Disclosure**

It is the policy of the University of Maryland School of Medicine to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. In accordance with this policy, all persons in a position to control the educational content of this activity must disclose any relevant financial relationships they have with commercial interests. Any identified conflicts of interest must be resolved prior to the speaker's presentation.

None of the planners and speakers for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

University of Maryland School of Medicine Office of CME staff members have disclosed no relevant financial relationships.

## **Discussion of Off-Label or Investigational Uses**

Presentations in this continuing medical education activity may contain references to unlabeled or unapproved uses of drugs or devices. The audience is advised to consult the full prescribing information of all drugs or devices prior to use. Some drugs/devices identified during this activity may have United States Food and Drug Administration (FDA) clearance for specific purposes only or for use in restricted research settings. The FDA has stated that it is the responsibility of the prescribing health care professional to determine the FDA status of each drug or device that he/she wishes to use in clinical practice, and to use the products in compliance with applicable law.

UMSOM requires that all contributors disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products and provide adequate scientific and clinical justification for such use. Physicians and other healthcare professionals are urged to fully review all the available data on products or procedures before using them to treat patients.

## **Disclaimer**

This CME activity is designed for use by healthcare professionals for educational purposes only. Information and opinions offered by the contributors represent their viewpoints. Conclusions drawn by the participant should be derived from careful consideration of all available scientific information. Prescription information and use of medical devices should be undertaken only after confirmation of information by consulting the FDA-approved uses and information.

While UMSOM makes every effort to have accurate information presented, no warranty, express or implied, is offered with respect to the information presented. Each participant should use his/her clinical judgment, knowledge, experience, and diagnostic decision-making before applying any information provided in this CME activity.

## **REGISTRATION INFORMATION FOR CME CERTIFICATE FOR PHYSICIANS – CLINICAL GUIDANCE FOR TREATING PREGNANT AND PARENTING WOMEN WITH OPIOID USE DISORDER AND THEIR INFANTS**

Thank you for attending this educational activity. Registration for CME will open at 8:00 am on Friday, May 10, 2024. To claim your CME certificate, go to the highlighted link below to create an account and register for "Treating Pregnant and Parenting Women CME Certificate."

*Online Registration link:*

<https://umaryland.cloud-cme.com/course/courseoverview?P=0&EID=26150&formid=2263>

All participants must create an account and register for “Treating Pregnant and Parenting Women CME Certificate” online **NO LATER THAN FRIDAY, May 24, 2024**. After **May 24<sup>th</sup>**, you will receive an email directing you to claim your credit and receive your CME credit certificate or certificate of attendance.

If you have any questions, please email the University of Maryland School of Medicine’s CME program at [cme@som.umaryland.edu](mailto:cme@som.umaryland.edu)